



Couple Enrichment Workshop

with

Fran and Tony McQuail

March 24-26, 2006

at

WANAKI-on-the-Ottawa

Bed & Breakfast and Retreat Centre

133 avenue des Plages
PONTIAC (Luskville) QC

For more information contact
Signy 233-8438 or
Erika 253-2656

Presented by Ottawa Quaker Meeting
(Ottawa Monthly Meeting of the
Religious Society of Friends)

COUPLE ENRICHMENT

This is a workshop for couples in committed relationships of six months or more. It is not marriage counselling or a therapy group, but a supportive environment for couples to explore and appreciate the good things in their relationships, and to learn ways to build on those positive aspects.

The Leader Couple is committed to working on their relationship, and Fran and Tony demonstrate various exercises and communication techniques with honesty and candour, using situations from their own lives.

At a time of so many failed and failing relationships, it very exciting to be with a group of people committed to making their relationships even better.

Several couples in Ottawa have taken Couple Enrichment workshops with Fran and Tony, and would be glad to answer any questions you may have.

Further information is also available at
<http://www.bettermarriages.org/index.html>.

NUMBERS

Please register early!!!

The Couple Enrichment Workshop is limited to **eight couples maximum**.

If you can't make this CE workshop

If you would like to be part of a Couple Enrichment workshop, but the timing isn't right, please let us know so we can inform you of future events.

REGISTRATION

Names

Address

Phone number and/or email address(es)

Home Meeting or Church?

Dietary needs

Physical needs

I need a bedroom near the workshop space

Do you need financial assistance?

How did you hear about the workshop?
